

# How to stuff a kong toy

There are so many wonder reasons to use stuffed Kong™ chew toys to keep your dog busy. It gives them something appropriate to chew on. It encourages licking which is a self soothing behavior (like thumb sucking) that can calm them down. This is especially useful in a crate. It increases mental stimulation and taps into their scenting ability. Both of these items will tire them out. Puppies and adult dogs LOVE their Kongs™!



I often encounter people who say, “Oh, I tried that and my dog didn’t like it” and my answer to that is you should probably try again. Use some really fabulous treats and make the Kong™ SUPER irresistible. And easy! If the first few times the dog plays with a Kong™ he gets great rewards without having to work very hard he will be more excited to try it again. Once they get the hang of it you can make it more difficult. Like putting it into the freezer the night before so it’s frozen. The beautiful thing about Kongs™ is that you can change the flavor just by changing what you put inside. If you have a SUPER aggressive chewer try the black Kongs™ and supervise your dog. Make sure that you are using the correct size for your dog. There are weight guidelines on the package.

Below are some recipes to try with your dog.

## Basic

Take some dry kibble and soak it overnight with some water so it swells up (it will look like soft mush).

Take a really fantastic yummy treat and put it at the bottom. Think cheese, freeze dried liver, freeze dried heart, hot dog pieces.

Cram the softened kibble into the kong. If you like to add a few treats or cheese pieces inside the kibble mush that is ok too. Like an ice cream parfait.

Top the top of the kong with cream cheese, liverwurst or peanut butter.

Something to cap it off that won’t fall out.



## Holiday Left Overs

1/2 Cup Dog Kibble

1/2 Cup Mashed Potatoes

1/4 Cups Chopped Carrots

1 Tsp KONG Oven Roasted Turkey Easy Treat

Mix kibble, mashed potatoes and chopped carrots together and stuff into a Kong™. Top off with Roasted Turkey Easy Treat to entice your dog.

## Cracker’s Oats

Oatmeal

Yogurt

Peaches

Keep the oats or oatmeal raw or cook for a warm treat. Mix all ingredients together and stuff into a Kong™.

For more recipe ideas check out <http://www.kongcompany.com/recipes/>

Remember, variety is the spice of life so spice up your dog’s life and try some NEW Kong™ recipes today!



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